



We are supporting the **'Quit for Covid'** campaign because Coronavirus (COVID-19) is a respiratory infection that affects the lungs and airways. Smoking damages lungs and weakens immune systems. Smokers are more likely to get complications if they get sick with Covid-19.

If you smoke, now is the time to quit:

Visit: www.todayistheday.co.uk for more information. Our stop smoking service: www.smokefreelifeberkshire.com can offer support. #quitforcovid twitter clinics are taking place every night 7.30-8.30

Poster artwork by Tanya Girn of Winnersh Primary school.