

Save money, clean air. Don't idle.



Air pollution takes place when gases, dust and smoke get suspended in the air and makes it dirty.

The air we breathe can be affected by activities taking place around us which leads the air to be polluted. Gases, dust and smoke can get suspended into the air and lead the air to become polluted. All of which is not safe for us to breathe and can affect our health.

How does Air Pollution affect our health?

- Breathing in polluted air can irritate your eyes, nose and throat after a short period.
- Exposure to air pollution can cause asthma and even make asthma worse.

What is idling?

Idling refers to running a vehicles engine when the vehicle is not in motion. Drivers are sometimes forced to idle in traffic. Idling is one of the main sources of poor air quality that we can control.

But in most situations, idling is not necessary. Idling is a habit that drivers can break, especially when they realize how harmful it can be to their health and the environment.

Myth: Starting a vehicles uses more fuel than letting it idle.	Fact: It is less polluting to turn your engine off and restart.
Myth: Idling is good for your engine.	Fact: Idling makes an engine dirtier and increases wear and tear.
Myth: Idling doesn't cause much damage and is harmless.	Fact: Idling vehicles make pollution worse and contributes to global warming.

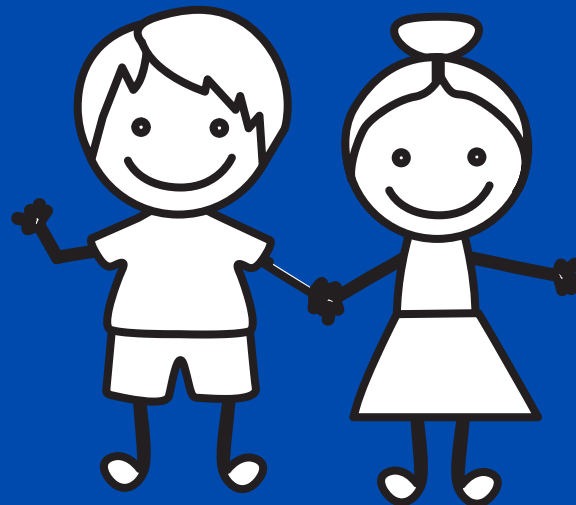
A single idling car can release up to 150 balloons worth of harmful chemicals per minute. These chemicals can move into surrounding houses and schools, which can cause harm to the most vulnerable people in our communities. Idling vehicles outside of schools are recognised as one of the biggest contributors to air pollution around schools.

What can be done about idling:

- The easiest way to reduce idling is to turn the car off when it is stationary.
- By reducing the amount of time your car idles, the more fuel and money you will save.

publicprotectionpartnership.org.uk/environmental-health/air-quality/vehicle-idling/

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